

YOUR CORPORATE ADVENTURERS

Corporate Team Adventure at Delta Rocky Crest Resort

Bring your off-site team adventure into our natural playground. Let us work with you to meet your needs with camaraderie, communication, decision-making and more. From our Camera Scavenger Hunt, Float Your Boat program to our Interactive Team Cook Off you will gain insights and revive your leadership and teamwork skills that will transfer back to your work environment.

In the following pages you will find some of our suggested events or traditional outlines of activities. We are pleased to customize and work with you on your company's visions and goals and build the most effective and enjoyable teambuilding experience by promoting:

Camaraderie

Communication

Creative and critical thinking

Decision-making

Physical activity

Problem solving

Relaxation

Teamwork

And of course an abundance of fun...

Delta Rocky Crest is committed to meet with you and design your program to fit the needs of your individuals. We can take your companies values and statements and blend them in.

All activities can be as competitive or as leisure as you need or want them to be. Prices are subject to change with modified group activities that may incur rental charges or need more facilitators.

You will also find listed with each activity special information that you and your other team members will find useful with respect to clothing and footwear etc.

Onsite Camera Scavenger Hunt

Teams comprised of 3 to 6 people work together on a high-tech scavenger hunt and capture all of their accomplishments on camera.

Teams are given a list of activities that they need to complete in a set amount of time, and are awarded points for the successful completion of each activity.

Activities are awarded different points based on their “degree of difficulty”.....however point values for each activity are not disclosed until after the event.

If you wish to award team prized Delta Rocky Crest Resort would be pleased to assist you with this.

Season: May-October

Suggested Items: sunglasses, sunscreen, hat

Suggested Clothing: Comfortable casual clothes and running shoes.

Difficulty: Easy/Intermediate

Maximum Number of People: 70

Equipment Provided: Disposable Cameras, Face Paint

Transportation: This is an on-site activity, transportation is not required

Guide Information: Our Experienced Adventurer facilitators will be your hosts.

Other Items Included: Bottled water and soft drinks will be set up at the camera drop off site.

We will put together a slide show for the entire group to watch the same day.

Length of Event: 75-90 minutes



Some of the Activities Could Include:

- Entire team to be captured on camera holding up an item of significance to company
- Entire team to be captured on camera in a tree
- One team member to be captured on camera giving a piggyback ride to a stranger
- Entire team to be captured on camera going down a slide in a park simultaneously
- One team member to be captured on film working behind the counter at an outlet on resort
- Entire team to be captured on camera in the General Managers office
- One team member to be captured on camera running into the lake (bonus points for the entire team!)
- Capture on camera a strangers tattoo in a non-visible area
- Entire team to be captured on camera in front of the Resort Pontoon Boat
- Entire team on the Rocky Crest Trampoline
- One Team member wearing our General Managers name tag
- Entire team sitting on a golf cart
- **Message:** There is a football team called the Miami _____? Find the mascots costume so Hut to it. Need a picture of a team member wearing it
- Carry a guests luggage to their room
- Scoop ice cream for a stranger
- Entire team- takes 1 team member for a walk. Bow wow
- One Team member to get their head shaved- Bonus points for entire team
- Entire team must Bust a move on front of the reception desk

***Your final destination is the heart of the hotel. Hand in your camera and we will do the rest.

The judges' ruling is final.

Costs:

0-20 people- \$1500.00
21-40 people- \$2000.00
41-70 people- \$2500.00

Mission Impossible -3

This teambuilding program has been custom designed to test leadership, communication, creativity, your ability to be innovative and most importantly team work. Please come up with a team name that best describes your teams passion for your company.

The team challenges below must be successfully completed to be awarded points.

Each team will be given a score card that the facilitator from each station will fill out.

Season: May-October

Suggested Items: sunglasses, sunscreen,

Suggested Clothing: Comfortable active clothing and running shoes.

Difficulty: Easy/Intermediate

Maximum Number of People: 60

Equipment Provided: Team Coloured Buffs, Face Paint

Transportation: This is an on-site activity, transportation is not required

Guide Information: Each station will have a Adventurer Facilitator to score cards.

Length of Event: 60-90 minutes

Other Items Included: We will catch this on camera for you and provide you with a slide show that can be viewed during your stay.

****Below are some examples of the stations that can be set up, we are pleased to work with you to add to this list.**

Station #1

Bobbing For Apples

Bob for apples using only your mouth you must retrieve the most amount of apples in the set time frame. Receive extra points for the green apple.

Watch out the water has been tinted your companies colour.

Each team member must eat the entire apple before they proceed to the next event.

Time Limit 45 sec each team member

Station #2

Fire building

Build a fire and boil over a tin of water.

Points will be awarded based on time

Time Limit 5 min

Station # 3

Lego Challenge

There will be a structure build with Lego, you must duplicate this structure accurately with is the time allotted. By colours, Lego size etc.

Only 1 person from each team can visit the pre made structure and no one can talk. Use your team leadership skills and your non-verbal communication to get you through this challenge.

Time Limit 4 min

Station # 4

Electric Fence

You are trapped in a foreign hostile country and are being chased by their security forces you will have 4 minutes to get your team safely over the electric fence.

Time Limit 4 min

Station # 5

Bicycle relay race

1 team captain, 5 participants, bikes are all different sizes, your captain will decide which team member will ride the bike, you must listed to your team captain and do as they request.

Station # 6

Final Mission

Send you to undo your lock.

Rocky Crest will award points for all missions.

Costs:

0-20 people- \$1200.00

21-40 people- \$1700.00

41-60 people- \$2000.00

The Ultimate Road Race

The adventure race challenges the fundamental aspects of teamwork: communication, leadership skills, trust and ingenuity. As teams attempt to successfully navigate (maps and compass reading) their way through a challenging course, they will discover a series of checkpoints that will challenge their endurance, creativity, precision and trust. They must succeed at each checkpoint in order to proceed.

(Program designed after the hit series "The Amazing Race")

Season: May-October

Suggested Items: sunglasses, sunscreen and backpack, hat

Suggested Clothing: Comfortable casual clothes and running shoes.

Difficulty: Intermediate/difficult

Maximum Number of People: 60 **Minimum number of Guests:** 10

Equipment Provided: All items needed to complete the race will be at that particular station, Face Paint, Team Coloured Buffs

Transportation: This is an off-site activity van rentals are included in this program.

Guide Information: Our Experienced Adventurer facilitators will be your hosts and drivers throughout this event.

Other Items Included: Bottled water and soft drinks will be set up in each van for your team members. We will put together a slide show for the entire group to watch the same day.

Length of Event: 90 minutes-2 hours

Costs:

\$99.00 per person

The Rocky Crest Mini Olympics

You may choose 5 of the events listed below and our recreation team will design and facilitate a program of obstacles that each group will need to go through and score the teams efforts.

Season: May-October

Suggested Items: sunglasses, sunscreen, hat

Suggested Clothing: Comfortable casual clothes and running shoes.

Difficulty: Intermediate/difficult

Maximum Number of People: 60

Equipment Provided: All items needed to complete the race will be at that particular station, Face Paint, Team Coloured Buffs

Transportation: This is an off-site activity van rentals are included in this program.

Guide Information: Our Experienced Adventurer facilitators will be your hosts and drivers throughout this event.

Other Items Included: Bottled water and soft drinks will be set up in each van for your team members. We will put together a slide show for the entire group to watch the same day.

Length of Event: 90 minutes-2 hours

Team must choose a name and a color. They will have 10 minutes to go back to their guest rooms and locate clothing that will represent their teams colours.

Tennis
Volleyball
Badminton
Bocce Ball
Horseshoes
Soccer
Ball Hockey
Table Tennis
Pool table
Canoes
Kayaks
Paddleboats
Water Trampoline

Costs:

0-25 people- \$500.00
26-50 people- \$750.00

Outdoor Adventure Challenge

Your group will engage in teambuilding challenges that encourage teamwork, creative thinking, problem solving, and cooperation. In small groups, participants will face challenges such as the 'Quest for Fire', 'Spider Web', 'Raise the Roof', and 'Brains over Brawn'. Teams can also participate in a scavenger hunt that will orient them with the entire Rocky Crest Property. A great program to get everyone moving and develop valuable skills.

This teambuilding activity will engage all participants in challenges as teams to develop communication, problem solving, and co-operation skills. Through various tasks that utilize each person as a team member, groups will approach different types of challenges that will engage their mind and body and will require teamwork to succeed.

Season: May-October

Suggested Items: sunglasses, sunscreen, hat

Suggested Clothing: Comfortable casual clothes and running shoes.

Difficulty: Intermediate

Maximum Number of People: 60

Equipment Provided: All items needed to complete the race will be at that particular station, Face Paint, Team Coloured Buffs

Transportation: This is an on-site activity transportation is not a requirement.

Guide Information: Our Experienced Adventurers will host this event.

Other Items Included: We will put together a slide show for the entire group to watch the same day.

Length of Event: 90 minutes-2 hours

Challenge 1: The Quest for Fire

Teams must use the fire kits provided to start and build a fire. We will provide the can of water to a boil to succeed. The team with the fastest time wins this challenge.

Challenge 2: The Spider Web

The goal of this challenge is to get every team member through a rope web without anyone touching the web. Each hole in the web can only be used once, and some of the holes will require people to be assisted through. Team members must use a strategy to get each person through without touching the web or having to use a hole twice. Members can be lifted up and passed through the holes. Teamwork and co-operation will lead to success with this challenge.

Challenge 3: Raise the Roof

Each team must successfully set up a tent. There is a catch: all but one team member must be blindfolded. The one person who is not blindfolded is the director and must verbally instruct the rest of the team on how to assemble the tent. The fastest team to erect their tent wins this challenge.

Challenge 4: Brains over Brawn

Teams will be asked trivia questions about the Muskoka area or Ontario, Canada or your Company Specifically, and each time they correctly answer a question, they will receive a piece of a picot-puzzle. When they receive all the pieces in their team's puzzle, they can then try to solve the puzzle and the first team to correctly solve their puzzle wins.

Challenge 5: Resort Rally

Teams must follow clues to each location on property to end up at the final location. The first team to get to the finish point wins.

Challenge 6: Rocket Engineers

Each team must assemble and successfully launch a rocket. The first team to launch their rocket wins this challenge.

Costs:
\$80.00 per person

Whatever Floats Your Boat!

Our New Build A Boat challenge will allow your group to be innovative, work as a team and allow for the curtail critical thinking that is needed in today's world.

Team member's creativity will shine through from the bartering stage to purchase needed supplies from our and equipment "rocky crest survival store" to the finished product.

After an abundance of fun each group will have a finished product that they will float in the water and retrieve their team flag.

Rocky Crest's Experienced Adventurers will score the final product and award a prize to the group that has not only succeeded with their floating vessel but has worked together and shown the best communication and decision making skills as a group.

Season: May-Early September

Suggested Items: sunglasses, sunscreen, hat

Suggested Clothing: Comfortable casual clothes and running shoes.

Difficulty: Intermediate

Maximum Number of People: 60

Equipment Provided: Rocky Crest will provide each team with \$500.00 in "Rocky Crest Money" that they will use to barter for supplies.

Transportation: This is an on-site activity transportation is not a requirement.

Guide Information: Our Experienced Adventurer facilitators will host this event.

Other Items Included: We will put together a slide show for the entire group to watch the same day.

Length of Event: 2 hours approximately

Costs:
\$90.00 per person

The Great Team cook-off



This challenges your group to perform as a team under the stress of time limitations all while having fun. Join with our Executive Chef Patrick Louch to design a menu for your dinner. Divided teams will need to get instructions on one of the courses and then work together to prepare the dish (not to worry they only make one plate).

Teams will attempt to successfully prepare their selected dish our culinary team will do the same in the kitchen. They will discover that will challenge their endurance, creativity, precision and trust. In the end our culinary team will come out and judge your delectable delights and judge each creation. Fun prizes range from a burnt spatula to coupons to eat out.

Our culinary team will be preparing each course while your delegates are enjoying the cook off. After each course delegates will return to the dining area and be served the course they have just prepared.

Season: May, June, September, October (*subject to availability in July and August)

Suggested Items: N/A

Suggested Clothing: Casual Dress in the Dining Outlets

Difficulty: Junior- Fun activity and very interactive

Maximum Number of People: 60

Equipment Provided: All items will be provided the necessary ingredients to complete each course.

Transportation: This is an on-site activity, transportation is not required.

Guide Information: Our Executive Chef Patrick Louch will lead this fun filled activity along with his culinary team.

Length of Event: 3 hours approximately

Other Items Included: We will be happy to provide some fun lighthearted prizes for competitors.

Costs:

Our Executive Chef will be pleased to create a customized dinner menu for your group including all costs for this event and selected menu

See below for a few of our sample cook off menus...

The Northerner

Butternut Squash Soup

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Mixed Greens Salad

with a chef selected dressing made from scratch

~

Lemon Pepper Pickerel

with wild rice and seasonal vegetables

or

Espresso Crusted Elk- Will not be part of the "cook off"

with roasted potatoes and seasonal vegetables

~

Warm Muskoka Berry Crumble

The Tantalizer

Vegetarian Sushi

Salad

Mixed Greens with sunflower seeds, mandarin oranges and cranberry pear vinaigrette

Garlic Shrimp

with a white wine, chipotle butter

Pickerel

with a citrus confit, rice and vegetables

Flambéed Peaches with cranberry cinnamon chutney



Interactive Dinner

Our Executive Chef Patrick Louch will shine through again with his creativity and dynamic personality to ensure that your group has had the most memorable dining experience possible.

This personalized interactive dinner is great for groups 10-20 people. This experience allows us to cater exclusively to your group while you learn and observe the talents of our culinary team. Patrick will be pleased to share his secrets and recipes.

Interactive dinner fee of \$600.00 will apply *(not including up-graded menu cost)*

Our Executive Chef will be pleased to work with you on pricing out a customized menu of your choice.



**Great Private Locations
Available to make this the
most intimate group
experience!**

**Patrick will be pleased to customize
a menu for your group.**

